



National Nutrient Database for Standard Reference

Release 28 slightly revised May, 2016

Statistics Report 09354, Pineapple, canned, juice pack, drained

Report Date: June 30, 2017 20:48 EDT

Nutrient values and weights are for edible portion.

Nutrient	Unit	Value Per 100 g	Data Points	Std. Error	Min	Max	df	LB	UB	# Studies	Source	NDB Ref	Last Modified
Proximates													
Water	g	83.51	--	--	--	--	--	--	--	--	Calculated or imputed	09268	01/2003
Energy	kcal	60	--	--	--	--	--	--	--	--	Calculated or imputed	--	02/2007
Energy	kJ	252	--	--	--	--	--	--	--	--	Calculated or imputed	--	02/2007
Protein	g	0.51	--	--	--	--	--	--	--	--	Calculated or imputed	09268	01/2003
Total lipid (fat)	g	0.11	--	--	--	--	--	--	--	--	Calculated or imputed	09268	01/2003
Ash	g	0.31	--	--	--	--	--	--	--	--	Calculated or imputed	09268	01/2003
Carbohydrate, by difference	g	15.56	--	--	--	--	--	--	--	--	Calculated or imputed	--	02/2007
Fiber, total dietary	g	1.3	--	--	--	--	--	--	--	--	Calculated or imputed	09268	01/2003
Sugars, total	g	14.26	--	--	--	--	--	--	--	--	Calculated or imputed	--	01/2003
Minerals													
Calcium, Ca	mg	16	--	--	--	--	--	--	--	--	Calculated or imputed	09268	01/2003
Iron, Fe	mg	0.28	--	--	--	--	--	--	--	--	Calculated or imputed	09268	01/2003
Magnesium, Mg	mg	15	--	--	--	--	--	--	--	--	Calculated or imputed	09268	01/2003
Phosphorus, P	mg	7	--	--	--	--	--	--	--	--	Calculated or imputed	09268	01/2003
Potassium, K	mg	124	--	--	--	--	--	--	--	--	Calculated or imputed	09268	01/2003
Sodium, Na	mg	1	--	--	--	--	--	--	--	--	Calculated or imputed	09268	01/2003

Nutrient	Unit	Value Per 100 g	Data Points	Std. Error	Min	Max	df	LB	UB	# Studies	Source	NDB Ref	Last Modified
Zinc, Zn	mg	0.10	--	--	--	--	--	--	--	--	Calculated or imputed	09268	01/2003
Copper, Cu	mg	0.107	--	--	--	--	--	--	--	--	Calculated or imputed	09268	01/2003
Selenium, Se	µg	0.4	3	0.277	--	--	--	--	--	--	Analytical or derived from analytical	--	01/2003
Vitamins													
Vitamin C, total ascorbic acid	mg	9.4	--	--	--	--	--	--	--	--	Calculated or imputed	09268	01/2003
Thiamin	mg	0.102	--	--	--	--	--	--	--	--	Calculated or imputed	09268	01/2003
Riboflavin	mg	0.021	--	--	--	--	--	--	--	--	Calculated or imputed	09268	01/2003
Niacin	mg	0.284	--	--	--	--	--	--	--	--	Calculated or imputed	09268	01/2003
Vitamin B-6	mg	0.075	--	--	--	--	--	--	--	--	Calculated or imputed	09268	01/2003
Folate, total	µg	5	--	--	--	--	--	--	--	--	Calculated or imputed	09268	01/2003
Folic acid	µg	0	--	--	--	--	--	--	--	--	Assumed zero	--	01/2003
Folate, food	µg	5	--	--	--	--	--	--	--	--	Calculated or imputed	--	02/2007
Folate, DFE	µg	5	--	--	--	--	--	--	--	--	Calculated or imputed	--	02/2007
Choline, total	mg	5.5	--	--	--	--	--	--	--	--	Calculated or imputed	09266	02/2007
Vitamin B-12	µg	0.00	--	--	--	--	--	--	--	--	Assumed zero	--	02/2007
Vitamin B-12, added	µg	0.00	--	--	--	--	--	--	--	--	Assumed zero	--	09/2004
Vitamin A, RAE	µg	3	--	--	--	--	--	--	--	--	Calculated or imputed	--	02/2007
Retinol	µg	0	--	--	--	--	--	--	--	--	Assumed zero	--	01/2003

Nutrient	Unit	Value Per100 g	Data Points	Std. Error	Min	Max	df	LB	UB	# Studies	Source	NDB Ref	Last Modified
Carotene, beta ¹	µg	30	1	--	--	--	--	--	--	--	Analytical or derived from analytical	--	01/2003
Carotene, alpha	µg	0	--	--	--	--	--	--	--	--	Calculated or imputed	09266	01/2003
Cryptoxanthin, beta	µg	0	--	--	--	--	--	--	--	--	Calculated or imputed	09266	01/2003
Vitamin A, IU	IU	50	--	--	--	--	--	--	--	--	Calculated or imputed	09268	02/2007
Lycopene	µg	0	--	--	--	--	--	--	--	--	Calculated or imputed	09266	01/2003
Lutein + zeaxanthin	µg	0	--	--	--	--	--	--	--	--	Calculated or imputed	09266	01/2003
Vitamin E (alpha-tocopherol)	mg	0.02	--	--	--	--	--	--	--	--	Calculated or imputed	09266	01/2003
Vitamin E, added	mg	0.00	--	--	--	--	--	--	--	--	Assumed zero	--	09/2004
Vitamin D (D2 + D3)	µg	0.0	--	--	--	--	--	--	--	--	Assumed zero	--	11/2008
Vitamin D	IU	0	--	--	--	--	--	--	--	--	Assumed zero	--	02/2009
Vitamin K (phylloquinone)	µg	0.7	--	--	--	--	--	--	--	--	Calculated or imputed	09266	01/2003
Lipids													
Fatty acids, total saturated	g	0.008	--	--	--	--	--	--	--	--	Calculated or imputed	--	02/2007
4:0	g	0.000	--	--	--	--	--	--	--	--	Calculated or imputed	--	02/2007
6:0	g	0.000	--	--	--	--	--	--	--	--	Calculated or imputed	--	02/2007
8:0	g	0.000	--	--	--	--	--	--	--	--	Calculated or imputed	--	02/2007
10:0	g	0.000	--	--	--	--	--	--	--	--	Calculated or imputed	--	02/2007
12:0	g	0.000	--	--	--	--	--	--	--	--	Calculated or imputed	--	02/2007
14:0	g	0.000	--	--	--	--	--	--	--	--	Calculated or imputed	--	02/2007

Nutrient	Unit	Value Per100 g	Data Points	Std. Error	Min	Max	df	LB	UB	# Studies	Source	NDB Ref	Last Modified
16:0	g	0.006	--	--	--	--	--	--	--	--	Calculated or imputed	--	02/2007
18:0	g	0.003	--	--	--	--	--	--	--	--	Calculated or imputed	--	02/2007
Fatty acids, total monounsaturated	g	0.014	--	--	--	--	--	--	--	--	Calculated or imputed	--	02/2007
16:1 undifferentiated	g	0.001	--	--	--	--	--	--	--	--	Calculated or imputed	--	02/2007
18:1 undifferentiated	g	0.012	--	--	--	--	--	--	--	--	Calculated or imputed	--	02/2007
20:1	g	0.000	--	--	--	--	--	--	--	--	Calculated or imputed	--	02/2007
22:1 undifferentiated	g	0.000	--	--	--	--	--	--	--	--	Calculated or imputed	--	02/2007
Fatty acids, total polyunsaturated	g	0.040	--	--	--	--	--	--	--	--	Calculated or imputed	--	02/2007
18:2 undifferentiated	g	0.023	--	--	--	--	--	--	--	--	Calculated or imputed	--	02/2007
18:3 undifferentiated	g	0.017	--	--	--	--	--	--	--	--	Calculated or imputed	--	02/2007
18:4	g	0.000	--	--	--	--	--	--	--	--	Calculated or imputed	--	02/2007
20:4 undifferentiated	g	0.000	--	--	--	--	--	--	--	--	Calculated or imputed	--	02/2007
20:5 n-3 (EPA)	g	0.000	--	--	--	--	--	--	--	--	Calculated or imputed	--	02/2007
22:5 n-3 (DPA)	g	0.000	--	--	--	--	--	--	--	--	Calculated or imputed	--	02/2007
22:6 n-3 (DHA)	g	0.000	--	--	--	--	--	--	--	--	Calculated or imputed	--	02/2007
Fatty acids, total trans	g	0.000	--	--	--	--	--	--	--	--	Assumed zero	--	06/2015
Cholesterol	mg	0	--	--	--	--	--	--	--	--	Assumed zero	--	02/2007
Other													
Alcohol, ethyl	g	0.0	--	--	--	--	--	--	--	--	Assumed zero	--	02/2007
Caffeine	mg	0	--	--	--	--	--	--	--	--	Assumed zero	--	01/2003

Nutrient	Unit	Value Per100 g	Data Points	Std. Error	Min	Max	df	LB	UB	# Studies	Source	NDB Ref	Last Modified
Theobromine	mg	0	--	--	--	--	--	--	--	--	Assumed zero	--	01/2003

Sources of Data

¹T Philip, T S Chen Development of a method for the quantitative estimation of provitamin A carotenoids in some fruits., 1988 J. Food Science 53 pp.1703-1707